ATTITUDES for EXELLENCE

CORNERSTONE

SPEAKING AND COACHING

LIGHT
THE FIRE
www.cornerstonespeaking.com

ATTITUDE is EVERYTHING!

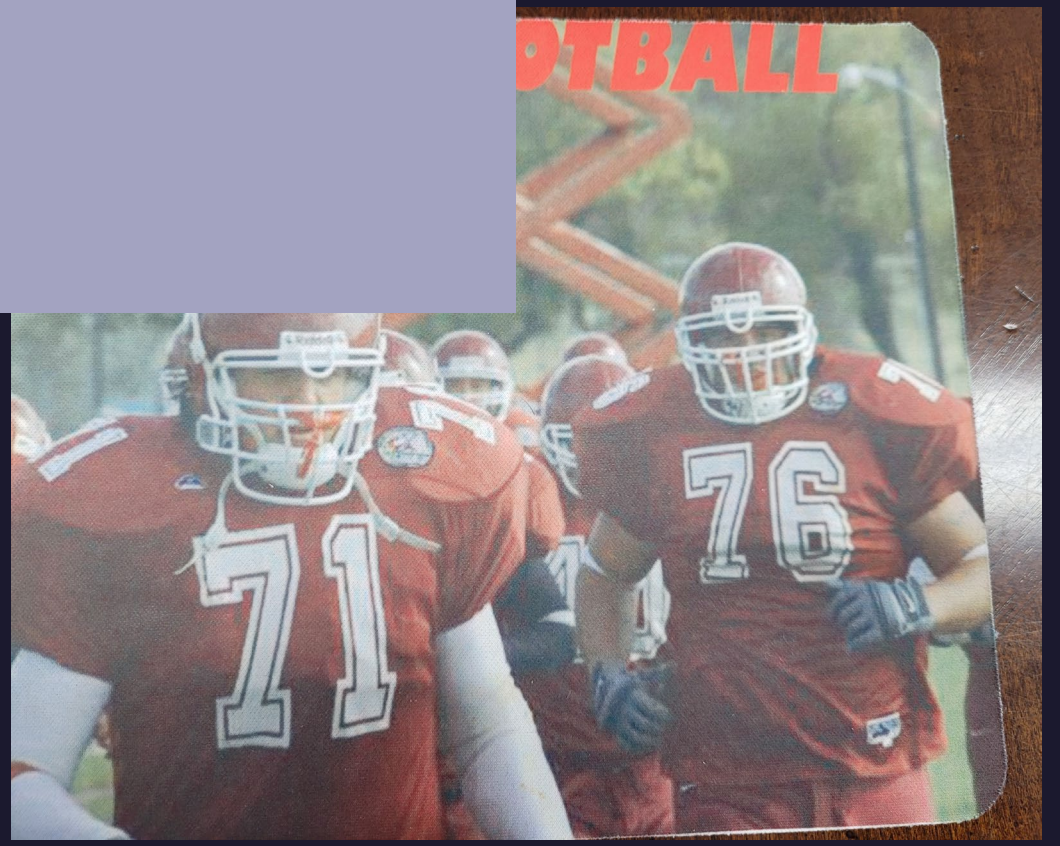
400 Positive E words

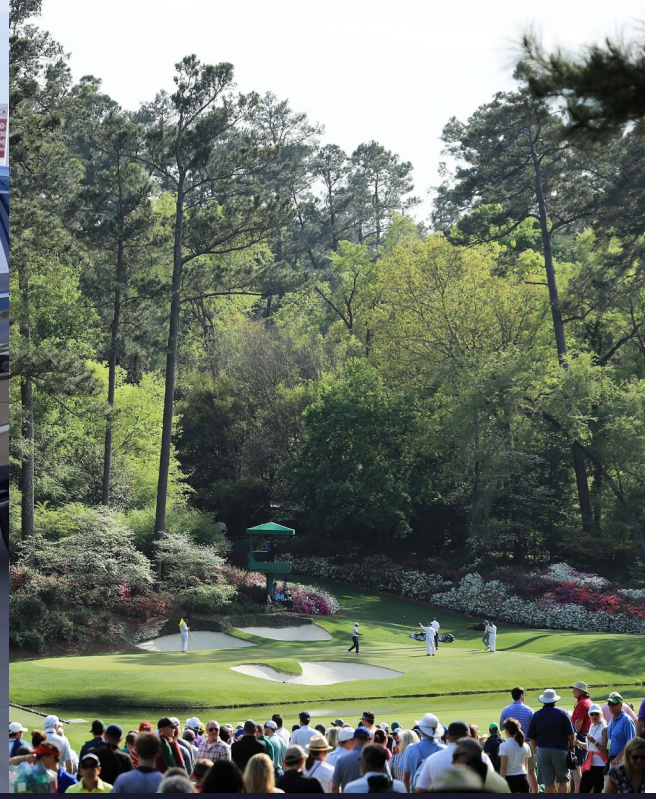
- EXCELLENCE – the quality of being outstanding or EXTREMELY good.

- Act ENTHUSIASTIC!!

Introduction

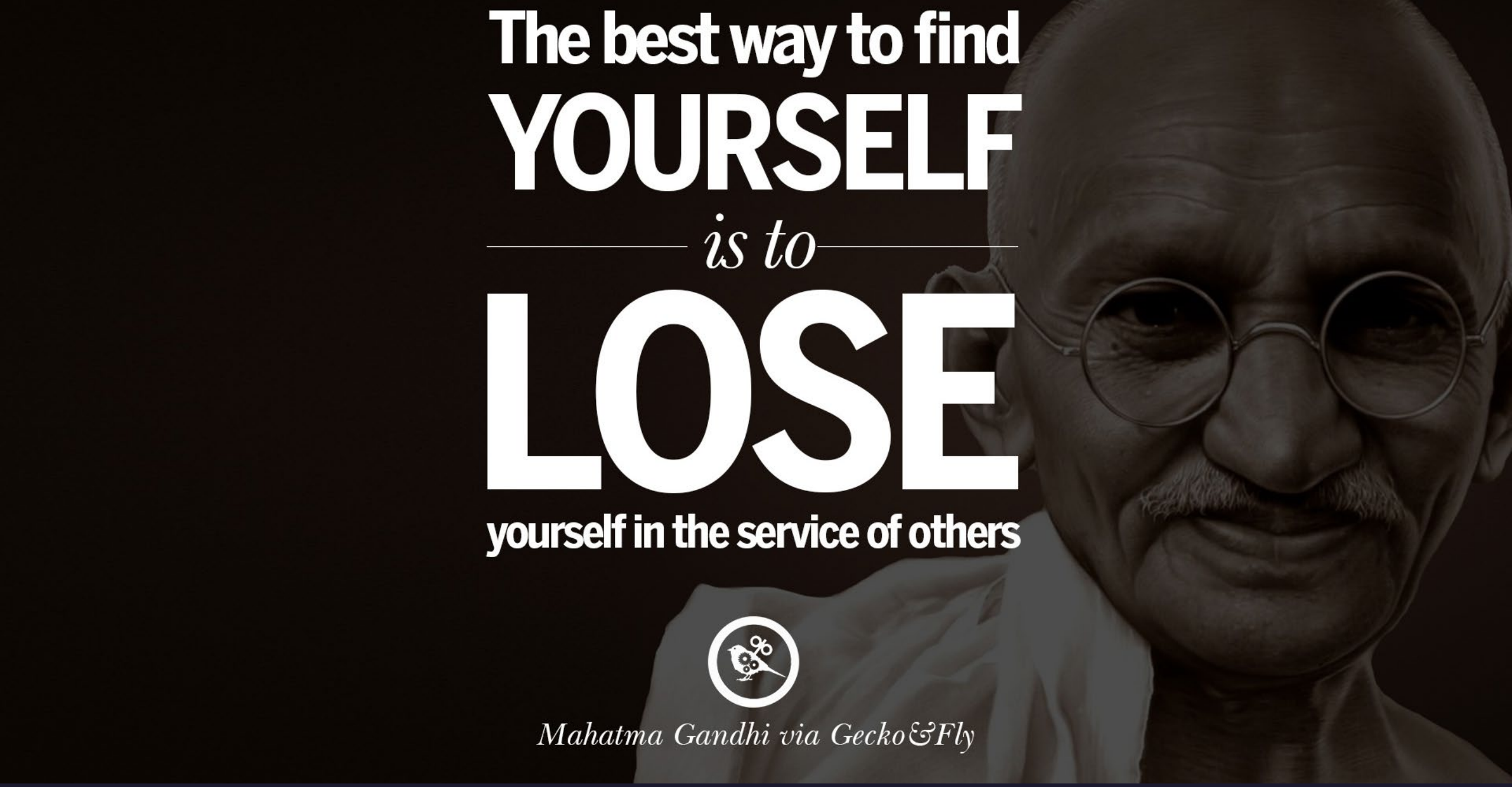
STORY





BIG MONEY
BIG LIFE
BIG PROBLEMS

1
THE POWER OF
ONE MORE


The best way to find
YOURSELF
is to
LOSE
yourself in the service of others
Mahatma Gandhi via Gecko&Fly

1 PAGE Strategic PLAN/Personal Growth

1. Relationship with GOD

2. Relationship with my Wife Amanda

- KIDS

3. Health and Fitness

Warm FUZZZY SEEDS

PLANT

and

WATER

Carrot

SOFT

Sad

Weak

Mush…

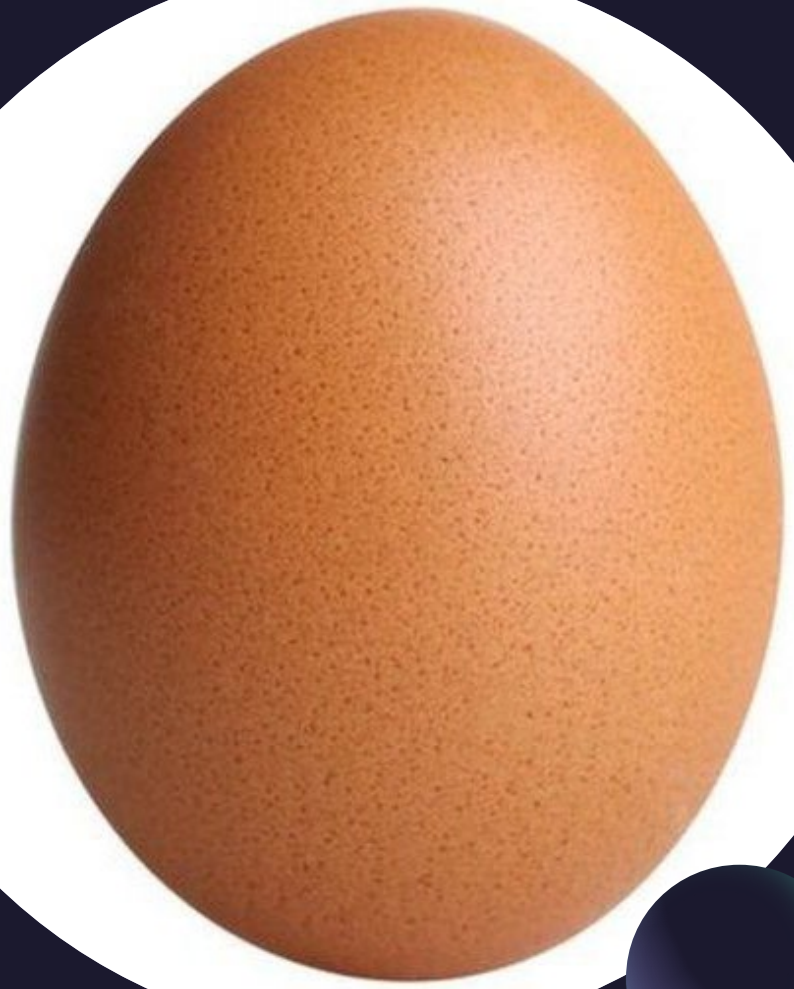
EGG

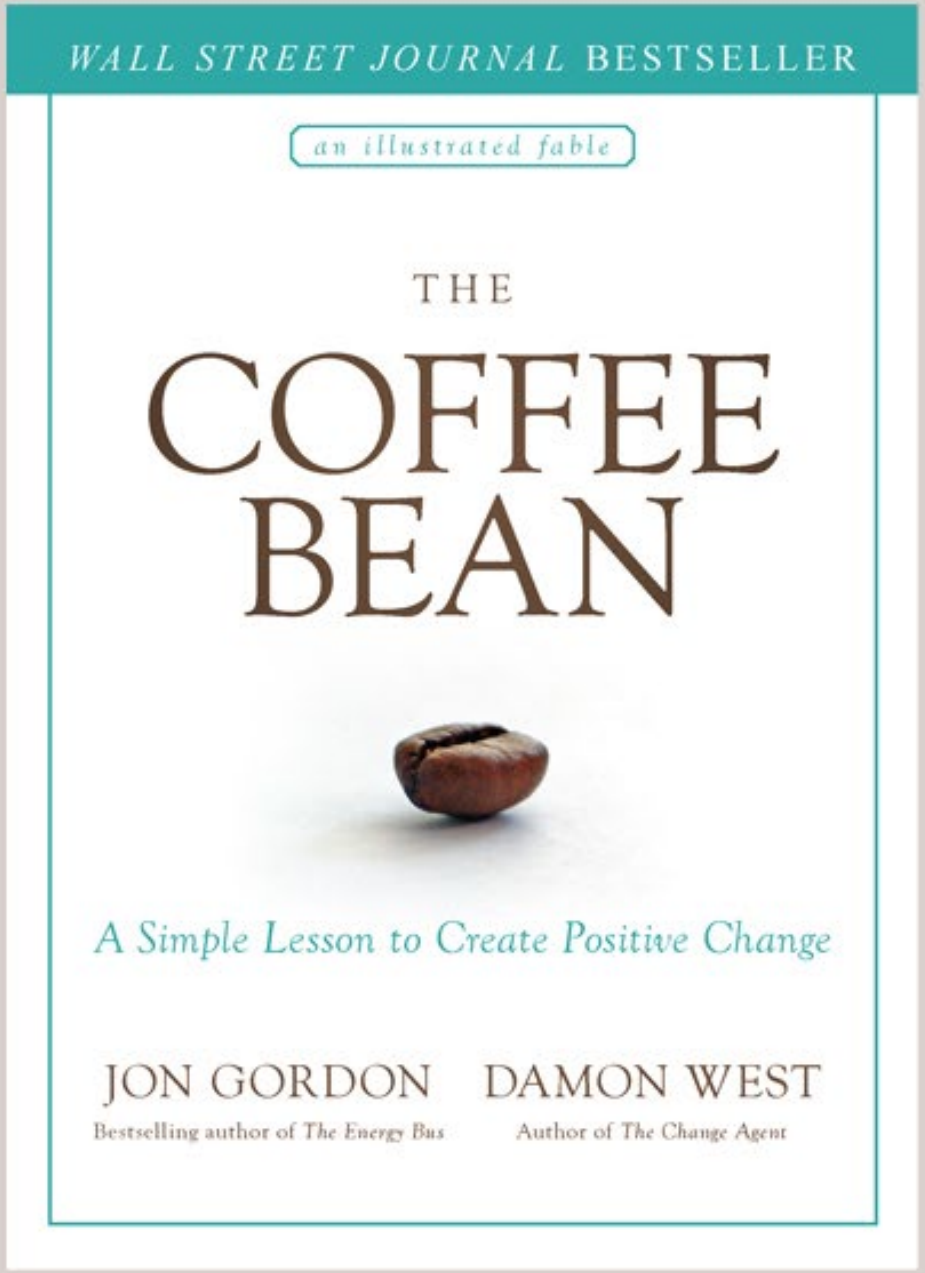
Hard

Angry

Mean

Unable to Love to give LOVE…





A SIMPLE LESSON TO CREATE POSITIVE CHANGE

5 Things I DO DAILY

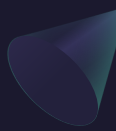
#serve&value

1. VALUE PEOPLE
2. THINK for ways to ADD VALUE
3. LOOK for ways to ADD VALUE
4. DO things to ADD VALUE
5. ENCOURAGE others to ADD VALUE!

#serve&value

INTENTIONAL LIVING =

LIFE OF SIGNIFICANCE



BE INTENTIONAL about your day

-AM and PM routine

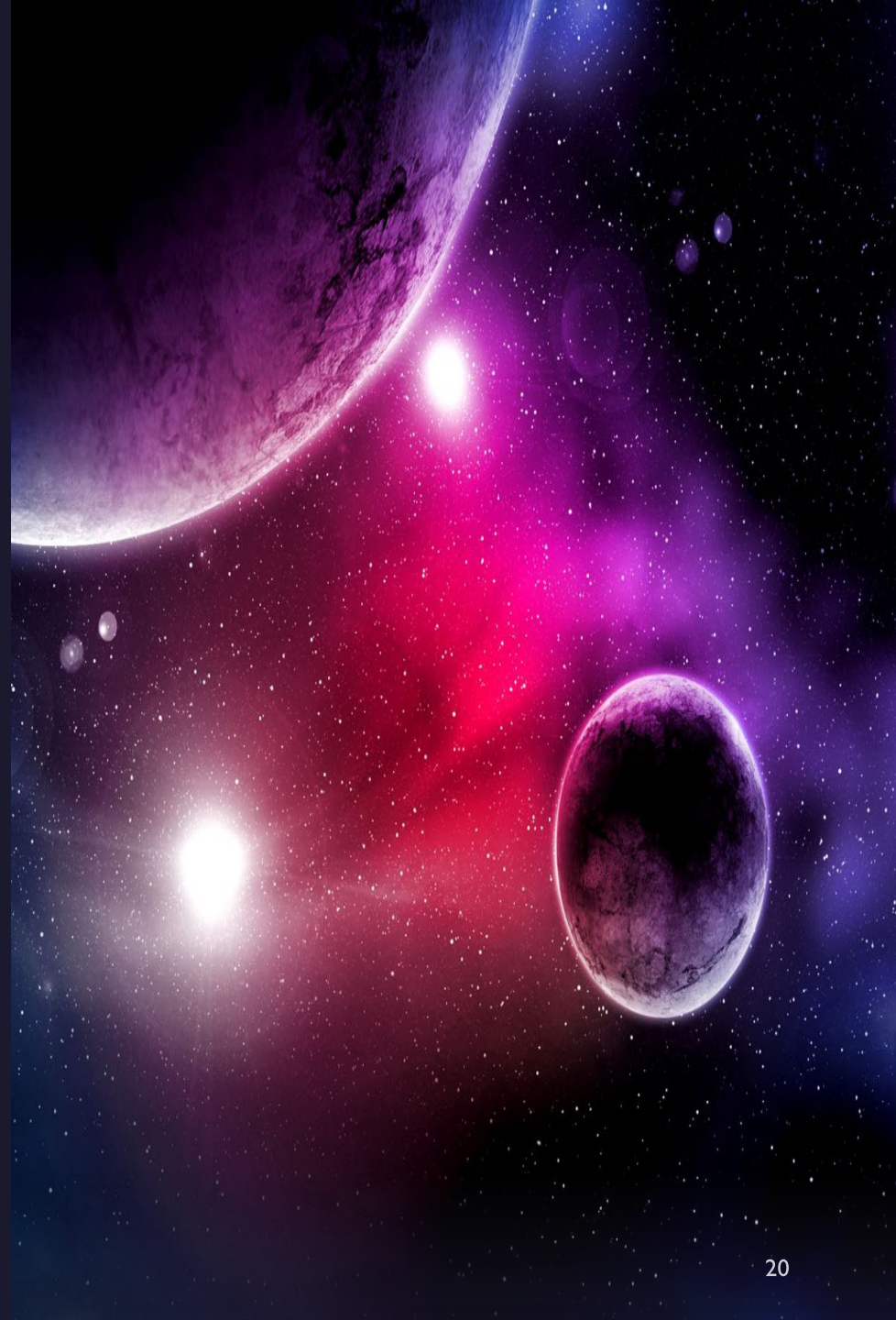
"How you spend your days is how you spend your life."

BE INTENTIONAL about your money.

BE A GOOD STEWARD.

BE INTENTIONAL about your SPACE

Your home and work are your space but everything in it comes at a price….



BE INTENTIONAL

about your TIME

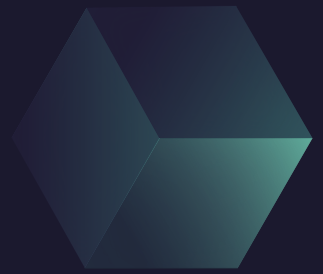
It's OK to say NO

BE INTENTIONAL about your RELATIONSHIPS

NOT urgent, BUT HIGHLY IMPORTANT

WHO do you surround yourself with??

BE INTENTIONAL about my MINDSET



Choices and decisions we make and whether we take ACTION (or not) is all down to our MINDSET!

Can’t see choices…

BE INTENTIONAL about HABITS

Downhill Habits can’t produce UP HILL RESULTS!

Choose you addictions wisely…

BE INTENTIONAL about GOALS

ACTION PLAN!

"If you FAIL to plan, you're PLANNING to fail."

Benjamin Franklin

Thank You

Ryan Botner

www.cornerstonespeaking.com